

RACE FOR CHANGE.



**Change in your pocket.
Change in your heart.**

Either way, it's time to make a difference and help Becky's Place. With each step you take, you will be making a donation that will directly impact the well-being of women & children in need.

**FEEL GOOD ABOUT YOURSELF EVEN
AFTER THE ENDORPHINS WEAR OFF**

EVERYONE IS WELCOME

Participants of all ages and abilities are welcome and encouraged to be a part of this fun, family friendly event that is designed to promote healthy activity and wellness while benefiting one of Lawrence County's premiere charities. Children and families are encouraged to participate in the 5K and the Family Fun Walk. The course will be open a maximum of 1 1/2 hours. The 5K will be timed but is not a part of an official race series.

THANKS TO OUR SPONSORS:

We want to thank our sponsors for making this event possible and for showing their commitment to making our community safer and supporting women and children in need.



SPECIAL THANKS FOR STAFFING AND SUPPORT:



and the Bedford Street Dept.



REGISTER ONLINE AT:

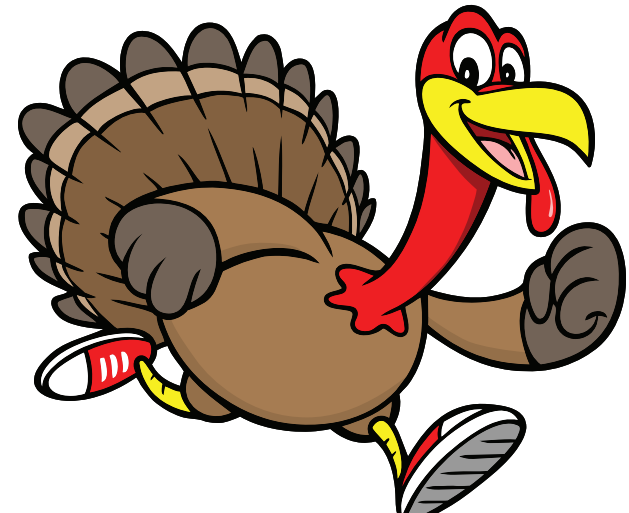
BeckysPlaceBedford.org

OR MAIL PAYMENT TO:

Becky's Place 1108 5th Street Bedford, IN 47421



6TH ANNUAL RUN FOR HOPE 5k FAMILY FUN WALK



THANKSGIVING DAY

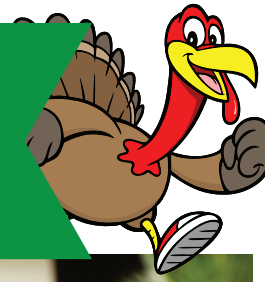
Thursday, November 28, 2019

Downtown Bedford - Harp Commons

Starting at 9:30AM

**THIS YEAR, YOUR LEGS
CAN SUPPORT MORE THAN
JUST YOUR BODY WEIGHT.**

READY. SET. RAISE.



Would you like to be a blessing to women and children that do not have a home of their own this Thanksgiving? Together we can transform the story to one of hope and safety for all. All proceeds from the event will go directly to Becky's Place.

REGISTRATION INFORMATION

Register online at www.beckysplacebedford.org or at the Bedford Area Chamber of Commerce through Wednesday, November 27th until 4:00pm. Register by mail, or onsite the morning of the event. T-shirts will not be available for purchase on race day.

Registration packets can be picked up at the Bedford Area Chamber of Commerce on Wednesday, November 27th from 8am-4:00pm or at Harp Commons on race day from 7:00am-8:30am.

PARKING

Parking will be available inside the Courthouse Square, on the corners of 17th & J Streets and 14th and J Streets.

AWARDS

The first finishing male and female will receive a trophy and all participants will receive a Finisher Medal for participating in the Becky's Place 5K and 1 Mile Fun Walk. 5k participants will also receive a time when finishing.

COURSE DESCRIPTION

The event will start and finish in Downtown Bedford at Harp Commons, located on J Street on the West Side of the Courthouse Square. All participants will travel through the downtown while 5K participants will head north past Becky's Place. Enjoy a festive atmosphere with music, friends, family, and snacks before and after the race at the start/finish line and during your time on the course. Race time is limited to 1 1/2 hours.

WATER STOPS

Will be provided on the 5K course only.

REGISTRATION FORM

5K & 1 Mile Family Fun Walk
Benefitting Becky's Place Shelter

YES! I WANT TO PARTICIPATE

NAME _____

ADDRESS _____

CITY/STATE _____

ZIP _____

EMAIL _____

PHONE _____

ENTRY FEE (PLEASE CHECK ALL THAT APPLY)

5K Adult (Before October 31) **\$17**

5K Adult (After October 31) **\$20**

5K 18 & Under (Before October 31) **\$12**

5K 18 & Under (After October 31) **\$15**

1 Mile Fun Walk **\$10**

T-Shirt (Order by November 15) **\$12**

T-Shirt Size _____

Donation to Becky's Place _____

Total _____

WAIVER - I know that participation in this event is a potentially hazardous activity. I will not enter and participate unless I am medically able and properly trained. I agree to abide by any decision of any race official as to my ability to safely complete the event. I assume all risks associated with this event, including but not limited to falls, contact with other participants, effects of weather, traffic and the condition of the road, all such risks being known and appreciated by me. Having read this waiver and knowing these facts and in consideration of your accepting my entry, I, for myself and anyone entitled to act on my behalf, waive and release Becky's Place, Catholic Charities, the City of Bedford, race officials, volunteers, and all sponsors from all claims or liabilities of any kind arising out of my participation in this event. I grant permission to all of the foregoing to use any photographs, motion pictures, recordings or any other record of this event for any legitimate purposes. I know that bicycles and in-line skates are not allowed on the course.

Signature _____